

Welcome to the October Newsletter

Proposal to Close Wrington Branch

The Practice is considering a proposal to close its Wrington branch surgery at Broad Street, Wrington BS40 5LA. The Wrington branch surgery has limited facilities, being a former retail store, with just two clinical rooms. One of which has to have a couch in a small side room as there is insufficient space in the clinical room. There is also no reception area, and only a small waiting room. Overall the site is not conducive to current medical practices.

Our intention is to continue to offer our existing medical services by our core medical staff to all of those who use the Wrington branch surgery at the Pudding Pie Lane, Langford surgery. Patients are also able to be seen at Congresbury, St Georges and Yatton surgeries should they so wish. You may also have heard that we are about to submit a planning application for a new enlarged surgery to be built on Smallway, opposite the Cadbury Garden centre. This is intended to replace the existing dated facilities in Congresbury and Yatton and will further enhance the options available to all patients.

It must be pointed out that at this stage that this is just a proposal by the practice which cannot be actioned without NHS England approval and without consultation with various important groups. These include, quite naturally, our patients, our Patient Participation Group (PPG), and the Clinical Commissioning Group (CCG).

This questionnaire is available for patients to fill at the Wrington branch surgery and across all of our surgeries. You can also complete a copy on our website www.mendipvale.nhs.uk return electronically to mendipvale.scanners@nhs.net

We will keep you informed of any progress via our practice website, monthly newsletter and in our waiting rooms.

Shingles Vaccination

Shingles vaccination..... Are you eligible?

Aged 70 Years?

Plus anyone in their 70s who was born after 1 September 1942 and has not yet had the vaccine.

Aged 78 Years?

Plus anyone aged 79 years old that has missed out on the vaccine.

Protect yourself from the pain of shingles – speak to your GP surgery about having your vaccine today.

Partners:

Dr Philip Donlevy, Dr Cordelia Feuchtwang, Dr Joanna King, Dr Alan McClatchey,
Dr Shruti Patel, Dr Samuel Partridge, Dr Richard Reed, Dr Andy Warinton

Associates:

Dr Stuart Anderson, Dr Caro Ash, Dr Katie Ellison, Dr Nina Kapoor, Dr Helen Nicholls,
Dr Amanda Nolan, Dr Laura Ratcliffe, Dr Claire Roberts, Dr Carrie Saunders,
Dr Jemma Slingsby, Dr Simon Trotter, Dr Rowan Wearn, Dr Katy Wells, Dr James Wrench

Keep Well This Winter

Colds

You can help prevent colds by washing your hands regularly. This destroys bugs that you may have picked up from touching surfaces used by other people.

Top tip: If you get a cold, use disposable tissues instead of fabric handkerchiefs to avoid constantly re-infecting your own hands.

Sore throat

Sore throats are common in winter and are almost always caused by viral infections.

Top tip: Gargle with warm salty water. Dissolve one teaspoon of salt in a glass of part-cooled boiled water. It won't heal the infection, but it has anti-inflammatory properties and can have a soothing effect.

Norovirus

Also known as the winter vomiting bug, norovirus is an extremely infectious stomach bug. It can strike all year round.

Top tip: When people are ill with vomiting and diarrhoea, it's important to drink plenty of fluids to prevent dehydration. By drinking oral rehydration fluids (available from pharmacies), you can reduce the risk of dehydration.

Flu

People aged 65 and over, pregnant women and people with long-term health conditions are particularly at risk. The best way to prevent getting flu is to have the flu jab (or flu nasal spray for children aged 2 to 17).

Top tip: Find out if you're at risk of getting flu by asking your GP.



Have Your Say



You can leave your feedback on NHS Choices <http://www.nhs.uk> or on our Website <http://www.mendipvale.nhs.uk>. You can visit our Facebook Page <https://en-gb.facebook.com/mvmpgp> or send us a tweet on twitter at Mendip Vale Medical Practice @mvmpgp

Patient Participant Group

The Practice and the Patient Participant Group will be holding an Open Meeting to discuss relevant topics that relate to all Patients. Patients are welcome to join the meeting on Tuesday 7th November at 7pm at Pudding Pie Lane. Further Meetings will be held across all Surgeries in the near future. More details will be given next month.

Staff News



We say goodbye to Dr Carrie Saunders at the end of November; she is leaving us to move on to pastures new. We wish her all the very best for the future. We welcome Dr Stuart Anderson & Dr Nina Kapoor at the beginning of October who we are sure will be an asset to our Team.

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