



# Welcome to the April Newsletter

## Missed Appointments

Have you ever wondered why it can be difficult to get an appointment to see the Doctor or Nurse? In the month of March the number of DNA's (did not attend) were as follows:-

- **Doctors Appointments 93**
- **Nurses Appointments 135**

If you do not require your appointment, please let us know. We can then offer this appointment to another patient.

**Please help us reduce the number of DNAs.**

## Open Meeting for Patients

The Patient Participant Group (PPG) will be holding an Open Meeting on Wednesday 18<sup>th</sup> April at 7pm - 8.30pm in the Reception Area at Yatton Surgery. This session will include a summary of the items covered by the PPG, talks by GP's on Medical Issues and an Open Forum for Questions and Answers.

## Prescription Increase as of 1<sup>st</sup> April

As of the 1<sup>st</sup> April 2018 the price of a Prescription will increase by 20p to £8.80. A NHS Prescription Prepayment saves money by buying a 3 or 12 month Prepayment Certificate. This price increase will not apply to Prepayment Certificates.

A Prepayment Prescription Certificate costs £29.10 for 3 Months or £104 for 12 Months. All the information you need can be found at; <https://www.nhsbsa.nhs.uk/help-nhs-prescription-costs/prescription-prepayment-certificates> or you can buy direct on 0300 330 1341.

## Your Feedback is needed!

We really value and welcome your feedback and views. Your views and experiences offer valuable insight into what matters most when it comes to your Surgery. There are many ways to make your voice heard.

- You can fill in a Friends and Family Questionnaire – these are available in the Reception Area of all the Surgeries.
- You can fill in an online Comments Form on our Website.
- You can like and comment on our Facebook or follow us on Twitter.
- You can leave a review of any of the Surgeries on the NHS Choices website or on Google Reviews.
- Healthwatch North Somerset collects feedback from service users and their families independently.

Contact them by phone on 01275 851400 or through their website at <https://www.healthwatchnorthsomerset.co.uk/>

## April is Ovarian Cancer Month



### What are the symptoms?

Persistent Bloating  
Feeling full quickly and or loss of appetite  
Pelvic or abdominal pain (tummy or below)  
Urinary Symptoms

### Occasionally there can be other symptoms:

Changes in bowel habit (e.g. diarrhoea or constipation)  
Extreme fatigue (feeling very tired)  
Unexplained Weight Loss

## Get Active and make Friends



Founded in 1956, the Mendip Morris Men have regularly danced throughout the North Somerset area performing the traditional dances of the Cotswolds.

If you feel you would like to share in the magic of the Morris, either as a dancer (no previous experience required) or a musician, please contact the Secretary Robin Morris at [MendipMorris@gmail.com](mailto:MendipMorris@gmail.com).