



MENDIP VALE

www.mendipvale.nhs.uk

# Welcome to the July Newsletter

## Volunteers Wanted for the Lifestyle Group

Lead Nurse Sue Fursdon is looking to start a voluntary group to meet every 2 months in our Surgeries to help Patients with lifestyle issues and chronic illness such as:

Asthma  
Coronary Heart Disease  
Diabetes  
Being Overweight  
Heart Failure  
High Blood Pressure  
Chronic Obstructive Airway Disease  
Immobility



If you are interested in being involved, please contact [sue.fursdon@nhs.net](mailto:sue.fursdon@nhs.net) or call 01934 839820

## Health Care Assistant Jacqui Hole runs for Charity



In February 2018, Jacqui's Grandson was diagnosed with Acute Lymphoblastic Leukaemia and immediately started Chemotherapy. At the defenceless age of 3 it turned his family's life upside down.

Struggling with multiple treatments, steroids and extended stays in hospitals it's been a challenging time for all. LATCH the Children's Cancer Charity has been a fantastic support to Jacqui's Grandson and his family. Jacqui has been inspired by the difference the charity has made to their lives and will be running the Bristol Half Marathon on Sunday 23<sup>rd</sup> September to raise money for the charity.

Please help Jacqui raise as much as possible by donating at <https://www.justgiving.com/fundraising/jack-hev-halfmarathon>

## Do we have your up to date contact details?

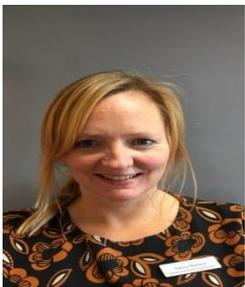
Please ensure we have your up to date contact details. We can then send you text reminders for appointments and all the latest information from the Surgery by email.

## Practice Merger with Sunnyside and Riverbank

The Merger between Mendip Vale Medical Practice, Sunnyside Surgery and Riverbank Surgery will take place on the 1<sup>st</sup> July 2018.

Over the coming months there will be regular updates, and we will let you know if and when changes may be made, we will ensure that this is a smooth process for all of our Patients.

## Meet the Team – Advanced Nurse Practitioner – Tracey Worland



Tracey has worked at Mendip Vale for 18 months as an Advanced Nurse Practitioner. She has been a qualified Nurse for 8 years and is currently studying for a Masters degree in Advanced Practice. Previous to this Tracey was a Heart Failure Nurse and a Community Nursing Sister.

Tracey works closely with the Duty Doctor seeing both Adults and Children for minor illness and injury issues in the GP Surgery on a book on the day basis. She is a Non- medical Prescriber so can prescribe medication to Patients if required. She also travels about to see patients in their own homes, again on an urgent basis if they are too unwell to attend the GP surgery.

Tracey says “I enjoy my role here at Mendip Vale as no two days are ever the same. I especially like the contact with people and helping them to get and remain well for as long as they possibly can. This role often entails problem solving and thinking on your feet which keeps things fresh and presents interesting challenges.

I am passionate about delivering high quality patient care and think this is one of the best most fulfilling jobs in the world. I feel very lucky”.

## Missed Appointments

In the month of June the number of DNA’s occurring in our Practice Surgeries (Patient who did not attend) were as follows:-

**Doctors’ Appointments 130**

**Nurse & Health Care Assistant Appointments 296**

If you do not require your appointment, please let us know. We can then offer this appointment to another patient and reduce appointment waiting times within the Practice.