

November 2021 Patient Newsletter

Welcome to the November 2021 edition of our patient newsletter.

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Covid and Flu Clinic 2021 FAQs

We have included a few frequently asked questions relating to our Covid and Flu Clinics this year – More information can be found on our website: <https://www.mendip-vale.co.uk/>

- **Do I need to book for the clinics at PPL/Langford surgery?**

Yes, these are not walk-in clinics, you need to make an appointment. We will send you an invitation to book on line when you are due to have your Covid booster if you are in one of the eligible cohorts.

- **I can't make the time I booked**

We strongly encourage patients to make every effort to attend for these important vaccinations on the date and time they have booked. – the aim is to spread the appointments through the day to avoid “bunching” and queues as far as possible, in order to keep people safe. Coming at a day or time when you are not booked causes traffic issues for our neighbours and causes delays. If it's impossible for you to attend your appointment time please use the link in the text you originally booked with to cancel. More clinics over the coming weeks will be available for you to rebook.

Dates of our next clinics:

Sunday 14th November
Coniston Community Centre
08:00 – 12:00
This is for 16 – 64 year olds
'at risk' and the over 65s

Sunday 14th November
Orchard School
14:00 – 17:30
This is for 16 – 64 year olds
'at risk' and the over 65s
There is also a clinic
17:30 – 18:00 for 12-15 year olds

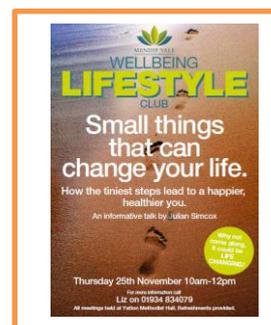
Saturday 27th November
Langford Surgery 08:00 – 15:00
50 – 64 year olds

Wellbeing Lifestyle Club

Small things that can change your life – How the tiniest steps lead to a happier, healthier you

An informative talk by Julian Simcox - Thursday 25 November 10:00-12:00

All meetings held at Yatton Methodist Hall – Refreshments provided.





Mendip Vale Medical Group

Your health, Your Care, Your Medical Group

<https://www.mendip-vale.co.uk/>

Patient Transport to our Covid and Flu Clinics

Mendip Vale has been pleased to be able to provide a free patient transport service to our Covid and Flu clinics.

The service is available to those who genuinely have no other means to get transport to come for their Covid vaccination. We have 2 electric vehicles that are zero emission (and not impacted should there be a fuel shortage).



HPVvalidate Study

Mendip Vale Medical Group has been selected to take part in an important study to test the use of self-sampling in the NHS Cervical Screening Programme in England. Self-sampling is a new method that is being considered for the NHS Cervical Screening Programme. This test can be completed at home and if implemented in the programme could increase access to screening for many people. Before self-sampling can be offered as part of routine screening, it needs to be tested to ensure that the results are as accurate as the results from a sample taken by a doctor or nurse.

HPVvalidate is a study that is being led by Public Health England which will compare self-taken samples with samples taken by a doctor or nurse. This will help the NHS Cervical Screening Programme to decide what device/s could be used for HPV self-sampling in the future. Over the next few weeks Mendip Vale Medical Group will be inviting patients who are due for routine cervical screening (smear test) to take part in this study. Participants will be asked to use one of the self-tests before having their sample taken by the doctor or nurse. If you receive an invitation letter with information about the study please talk to your doctor or nurse when you come in for your appointment and they will be able to provide you with further information.

A current list of research projects can be found on our website under 'Information - Research' - <https://www.mendip-vale.co.uk/research>

North Somerset Walking for Health

Our scheme welcomes over 300 walkers every week in and around Clevedon, Kewstoke, Long Ashton, Nailsea, Portishead, Weston-super-Mare, Winscombe, Worle and Yatton.

Health walks aim to support those who need it most to move a little more to benefit their health whilst helping them enjoy their local area and connect with others – More information can be found at:

<https://www.walkingforhealth.org.uk/walkfinder/north-somerset-walking-for-health>



We Want To Hear From You!

We would very much like to involve our patients in this newsletter – after all, it's written for you and for your benefit! Please send us your suggestions for future topics, your good news stories and also feedback on how we're doing. We are continually looking to turn our patients' feedback into real improvements in the services we provide. Contact us via the means outlined below or visit our website <https://www.mendip-vale.co.uk/patientfeedback>

By email: mendipvale.scanners@nhs.net

By phone: 01934 839820

(or 01275 873588 if you live in the Clevedon area)

By post:

Mendip Vale Medical Group,
Pudding Pie Lane,
Langford, Bristol BS40 5EL

